

# Quick Quinoa Salad

3 Cups organic quinoa, cooked  
15 oz Can organic garbanzo beans  
2 Large organic tomatoes, chopped  
1 Cup organic olives, pitted  
⅓ Cup organic flat leaf parsley, freshly chopped  
3 Large cloves organic garlic, minced  
¼ Cup organic freshly squeezed lemon juice  
2 Tbsps organic extra virgin olive oil  
½ tsp Pink Himalayan salt

Drain garbanzo beans and place in a large bowl, then add cooked quinoa, chopped tomatoes, parsley, minced garlic, lemon juice and seasonings. Garnish with fresh parsley.

Hint: **To cook quinoa:** Use 1 cup of quinoa, ¼ tsp. pink Himalayan salt and 2 cups boiling water on low heat. Cook covered for 20 minutes. Cool before use in recipe.